

Regular Activities in the Borrow Centre

subject to change

Day	A.M.	P.M.	Evening
Monday	Friendship Group 9.30-12.30 pm	Ukulele 12.45pm- 2.45pm Chatty Crafter's 1.00-3.00pm	Portsmouth Electrical Club 2 nd Monday Call Malcolm 02392 257696 Ukulele 6.30-9.00pm
Tuesday	Keep Fit 9.15-10.15am call Clare 07775 727351 Lunch Club Mahjong (1 st & 3 rd Tues) 10.30-12.30pm run by U3A, Call Kevin 07769266879	Social Afternoon 1.30-4pm Whist 1.15pm Foot Health Clinic 9-5pm Call Mark 07710 471861 Table tennis 4.00-6.00pm	
Wednesday	Short Mat Bowls 10-12.30pm Recapture Life 9.30-12.30pm Call Lesley 07821 666 480	Table Tennis 1.30-3.30pm Foot Health Clinic 10.00am-5.00pm Call Connor 07719 022091	Body Tone 6.30 -7.30pm Call Sandra 07766740279 Bingo 6.30-9.30pm Ukulele 7.45-10pm
Thursday	Lunch Club Basic IT 9.30-4.00pm (to be booked)	Basic IT (to be booked) Foot Health Clinic 9-5pm Call Mark 07710 471861 Macular Group 2 nd Thurs 1.30-3.30pm Andover Mind Carer Support & Dementia Advice 3 rd Thurs 1.30-3.30pm	Ukulele 6.30-9pm Stained Glass Painting 7-10pm Call Sue 07909586470
Friday	Genealogy 9.30-11.30pm Lunch Club	Foot Health Clinic 9-4 pm Call June 07811 878536	Table tennis 6.00-8.00 pm