

# Regular Activities in the Borrow Centre

Subject to change [correct April 2017]

Day	A.M.	P.M.	Evening
Monday	Havant Friendship Group 9.30-1.30	Craft Club 1.30 -3.30 Tai Chi 3-4	Portsmouth Electrical Club 2 <sup>nd</sup> Monday Call Mr Buck 92591196  Mature Movers 1.30-2.30  Ukulele 7.30-9
Tuesday	Lunch Club Genealogy 9.30-11.30 Keep Fit 9.15-10.15  contact Clare 07775727351	Whist 1.30-4  Social Afternoon 1.30-4 Podiatry 10-4 Call June 07811878536 Table tennis 4.15-6.15	Girl Guides 6.45 – 8.45
Wednesday	Table tennis, and short mat bowls 10-12.30 Last chance workout 9.15 -10 TLC befriending 10-12	Jiggly Wrigglers 1 -2pm	Bingo 6.30-9.30  Body Tone 6.30 -7.30 call Sandra 07766740279
Thursday	Lunch club  Basic IT 9.30-4	Basic IT  Memory Cafe 1 <sup>st</sup> Thurs 1-3 Macular Group 2 <sup>nd</sup> Thurs Princess Royal Trust 3 <sup>rd</sup> Thurs	Mature Movers 4-5 contact Julia 01730231790  Stained glass painting Call Bob 07817808228  Beginners Ukulele 7-8pm
Friday	Genealogy 9.30-11.30  Lunch Club	Podiatry 10-3 Digital photography 1-3 Keep Fit 2-3pm	Table tennis 7-9pm

China painting 3<sup>rd</sup> Saturday – call Ann Kill on 92254710

Quiz and Skittles last Saturday evenings on alternate months 02392266423